

"There is nothing like this out there. The reason this book is so valuable is that it's the first book to collect all the policies, procedures and structure needed in anesthesia units to protect everyone from substance abuse."

C.F. Ward, MD

Chairman Wellness Committee, Anesthesia Service Medical Group
San Diego, CA

Bernadette Roche has done the homework for all of us in anesthesia. Her book gives us a comprehensive overview of addiction in anesthesia, from the physiological basis of addiction to the issues confronting a reentering practitioner. It provides us with a logical and sequential approach to prevention, education, identification, intervention, and reentry that will result in a healthier anesthesia unit and a safety net that may result in addicted colleagues entering treatment sooner, with better outcomes.

The Foreword for this book is written from the various points-of-view of physicians, nurse anesthetists; from the points-of-view of a private practice, an academic center, and the Director of a treatment center. It is a book on substance abuse for *All Anesthesia*.



Bernadette Higgins Roche, CRNA, EdD, has been a nurse anesthesia educator and school administrator for over 24 years; she also has extensive experience with anesthesia department management. Dr. Roche is an executive director of *All Anesthesia*, the *Coalition for the Prevention of Substance Abuse in Anesthesia*, and has contributed to *Wearing Masks III* and *IV*. Currently, she is the Administrative Director of Evanston Northwestern Healthcare School of Anesthesia.

"This compendium is an incredible resource for us all. My hope is that every anesthesia provider will take the opportunity to learn from her work."

Jim Walker, CRNA, MS
Associate Professor of Anesthesiology
Baylor College of Medicine, Houston, Texas



www.allanesthesia.com

This publication was made possible by an unrestricted grant from Baxter Healthcare.

Substance Abuse Policies for Anesthesia

Bernadette Higgins Roche

Bernadette Higgins Roche

Substance Abuse Policies for Anesthesia



Foreword by

C. F. Ward, MD

Jerry Matsumura, MD

Jim Walker, CRNA, MS

Penelope Ziegler, MD, PhD

Time To Re-Evaluate Your Policies and Curriculum.



C O N T E N T S

Foreword by Raymond Roy	1
Prologue	3
Overview	5
Chapter 1. Physiological Basis of Addiction	13
Chapter 2. Epidemiology of Substance Abuse and Chemical Dependence	21
Chapter 3. Identification of a Chemically Impaired Anesthesia Provider	37
Chapter 4. Prevention, Education, Intervention and Treatment	49
Chapter 5. Diversion and Reentry to Practice	69
Chapter 6. Policy Development with Education	79
Chapter 7. Model Substance Abuse Policy and Tools	85
Policy Supplements	101
1. Substance Abuse and Chemical Dependency Educational Program	103
2. Substance Abuse and Chemical Dependence Resources	105
3. Unfit for Duty Record	107
4. Chemical Impairment Checklist	109
5. Review of Records	115
6. Consent for Drug and Alcohol Screen	117
7. Consent for Assessment for Chemical Dependence	119
8. Reentry Contract	121
9. Consent for Release of Information	125
Chapter 8. Societal Implications of Chemical Impairment	127
Conclusions	143
References	149
Appendix A Definition of Terms	181
Appendix B Diagnosis of Substance Abuse and Chemical Dependence	185
Appendix C Controlled Substances	187
Appendix D Substance Abuse and Chemical Dependence Resources	189